

EDITOR: Jeff Mawkes

DATE: April / May 2016

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## Letter from the editor

**Dawn Service;** Given that the Simpson Barracks Army Camp is now no longer having a Dawn Service on Anzac Day due to security upgrades, the Board of Management has agreed that Watsonia RSL should run a Dawn Service ourselves in 2017.

It is our intention to form a Commemorative Committee and I believe that this should not just fall on members of the Board. I would ask that some of our Returned and Ex- service Members contact our Ceremonial Officers Tony Turtle or Jim Stephen and jump on board to assist us to make our first Dawn Service a well-planned and memorable occasion.

**Social Committee;** The Board also considers it important to make our Members comfortable and happy in an environment that is welcoming. As such it has been also decided to form a Social Committee. It would be helpful if we could have a couple of enthusiastic Members join this Committee to develop social activities such as bus to the races, shows or visits to organisations such as the Shrine of Remembrance. The list could be endless. Any Member interested, please contact Tricia Mawkes.

**ANZAC Day 2016;** The Anzac Appeal raised just in excess of \$80,000. Given that the long weekend led into Anzac Day and many people would have travelled away, this is a very pleasing result. I would like to thank the Legacy Ladies and Wildflower Club ladies who assisted in the set up of the trays this year. It greatly reduces the workload of our two hard working, long term members Gary Higgs and Lindsay Greaves. I know they were very appreciative of your assistance. Also thanks to our few hard working volunteers who sit around shopping centres and the like.

Jeff Mawkes

**TOTAL  
RAISED  
\$80,231.85**

Fallen Diggers Inc.  
is proud to present  
Geoffrey W. Graham's  
**VOICES OF WAR**  
An ANZAC Story

*"Feel the excitement of the battle call, the hardship & suffering of men at the front, the emotion of the conscription debate, the compassion of nurses, and the pain of those waiting at home"*



Proceeds go to  
Fallen Diggers Inc.

for their continuing research of missing WW1 and WW2 soldiers.

24th July 2016 12pm - 5pm

Watsonia RSL - 6 Morwell Ave. Watsonia.

Tickets \$40 per person includes show, and finger food.

For online bookings please visit [www.ticketbo.com.au/voicesofwar](http://www.ticketbo.com.au/voicesofwar)

## SUPPORT THE SEARCH

I ask Members to please support the Voices of War luncheon 'Upstairs' at Watsonia RSL.

***Voices of War an ANZAC Story; Feel the excitement of the battle call, the hardship & suffering of men at the front, the emotion of the conscription debate, the compassion of nurses, and the pain of those waiting at home.***

***Join us at this special event to help raise funds for Fallen Diggers Inc. to continue their research work in finding the lost soldiers of WW1 and WW2.***

All profits from this function go to assist 'Fallen Diggers' for their continuing search for our missing diggers from WW1 and WW2. We wish them continued success in their endeavours.

Jeff Mawkes





**The Drill Sergeant;** A Drill Sergeant had just chewed out one of his cadets, and as he was walking away he turned to the cadet and said, "I guess when I die you'll come and dance on my grave." The cadet replied, "Not me, Sarge...no sir! I promised myself that when I got out of the Army I'd never stand in another line!"

**These fit so well they should be in a dictionary...**

**ADULT;** A person who has stopped growing at both ends and is now growing in the middle.

**CHICKENS;** The only animals you eat before they are born and after they are dead

**BEAUTY PARLOUR;** A place where women curl up and dye

**COMMITTEE;** A body that keeps minutes and wastes hours

**DUST;** Mud with the juice squeezed out

**EGOTIST;** Someone who is usually me-deep in conversation

**HANDKERCHIEF;** Cold Storage

**INFLATION;** Cutting money in half without damaging the paper

**MOSQUITO;** An insect that makes you like flies better

**RAISIN;** A grape with a sunburn

**SECRET;** Something you tell to one person at a time

**SKELETON;** A bunch of bones with the person scraped off

**TOOTHACHE;** The pain that drives you to extraction

**TOMORROW;** One of the greatest labour saving devices of today

**YAWN;** An honest opinion openly expressed

And my personal favourite...

**WRINKLES;** Something other people have, similar to my character lines



Watsonia RSL

# BINGO

## UPSTAIRS

**Mondays Nights**  
Eyes Down 7pm • 2 sessions of 15 games each  
Books \$4.50 each

**Thursday Mornings**  
Eyes Down 11am • 3 sessions of 10 games each  
Books \$3.00 each

## Members BADGE DRAW

AT WATSONIA RSL  
INC BUNDOORA RSL BOWLING CENTRE

**DRAWN EVERY WEDNESDAY & FRIDAY NIGHTS  
FROM 6:45PM**  
Minimum win \$500!

**OUR LINKED MEMBERS BADGE DRAW  
BETWEEN THE WATSONIA RSL AND  
BUNDOORA RSL OPERATES EVERY  
WEDNESDAY AND FRIDAY NIGHT AT 6:45PM.  
THE PRIZE STARTS AT \$500 AND JACKPOTS  
BY \$50 EACH NIGHT UNTIL IT'S WON.**

Conditions Apply. To be eligible you must be a financial member of our club  
and be on either premises to claim the prize if your number is drawn out.

## WATSONIA RSL COURTESY BUS NOW IN SERVICE 7 DAYS A WEEK

**HOURS OF OPERATION**  
Monday 11am - 9pm  
Tues/Wed/Thurs 11am - 10pm  
Fri/Sat 11am - 12 midnight  
Sunday 12pm - 8pm

**TEL:  
9435  
4233**

# www.watsoniarsl.com.au



# Watsonia RSL / Banyule Community Trust

Members would be aware that as part of our community benefits to remain a Not for Profit Organisation, we have to pay \$100,000.00 per year into the Watsonia RSL / Banyule Council Grants Program.

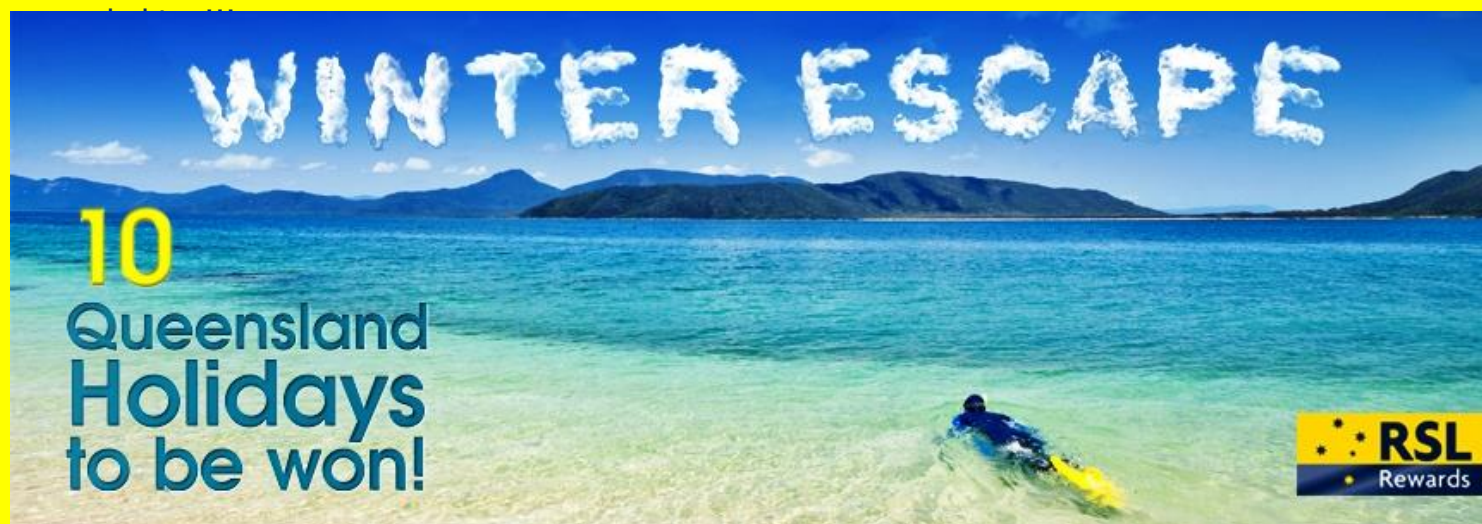
Diamond Valley Foodshare were one of the larger recipients from the program with a donation of \$46,530 to buy a new truck. This photo shows the new truck with President Ian Hemming on right and volunteer Frank Agius on left.



## RSL REWARDS

It pays to swipe your RSL Membership card every time you enter our club!

Simply swipe your card not only in the kiosk at reception, but at the bar with any purchase to enter into all competitions and prize giveaways, receive discounts etc. If you're an existing RSL Member, you're already apart of the program, if you're not, why not join today and ensure that you get



### *REMINDER: Shut the door on 'Con Men'*

Consumer Affairs Victoria is reminding Victorians to be wary about tradespeople offering cheap home repairs.

Travelling Con Men offer to do jobs such as roofing, driveway resurfacing, tree lopping and home maintenance; usually with a special deal "for today only". They pressure people into paying cash up front, and then disappear, leaving poor or incomplete work.

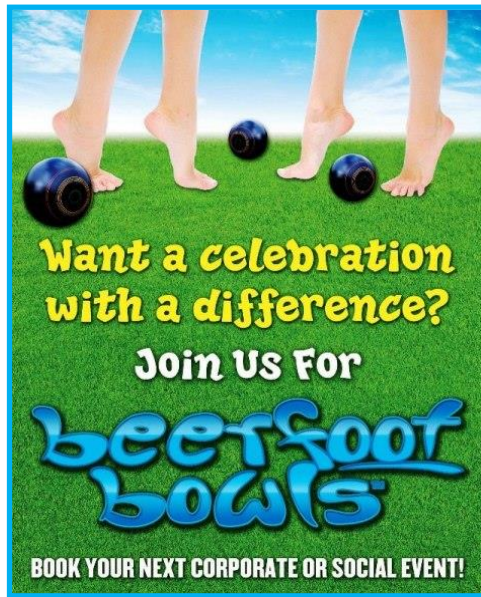
These Con Men market their services by door knocking, dropping printed flyers in letterboxes and putting up illegal signage on electricity poles. Some have even set up websites to lend legitimacy to their activities.

If you want work done on your house;

- Only use established tradespeople who provide written quotes
- Say no to offers of "today only, cash only" jobs
- Do not be pressured to say yes
- Never pay cash upfront for a job
- Ask for contact details of previous clients for references

If you are approached at your home by suspicious tradespeople, report them to the national hotline on 1300 133 408. For more information, visit [consumer.vic.gov.au/travellingconmen](http://consumer.vic.gov.au/travellingconmen)

# Sporting Bodies



Bundoora RSL's  
**Soup & Roll**  
starts on 19<sup>th</sup> April 2016!

WHEN:  
**Every Tuesday**

TIME:  
**10.30am Start**

DRESS:  
**Mufti**

COST:  
**\$7.00 per bowler**

INCLUDES:  
**A bowl of  
soup, roll  
& green fees**



**WINTER  
SOCIAL BOWLS**

- Every Saturday
- \$6 per Bowler
- 12.00pm Start
- Afternoon Tea
- 2 Games of 11 Ends
- 2 Bowl Triples (Pick Up)

**CASH  
PRIZES**

See Keith Lugg or Terri Murphy for further info!



## BUNDOORA RSL BOWLING CENTRE

### Edinburgh Shield; April 9 and 10

Bundoora RSL Bowling Centre sent two teams of twenty Bowlers; sixteen bowlers per game (plus emergencies) to represent the Watsonia RSL.

We were contesting the Shield at two venues, Moama and Rich River. In total there were ninety teams vying for the trophy in fifteen venues right across Victoria. The Watsonia RSL sponsored both teams and we were fortunate to have our team at Rich River Bowling Club win the venue. We had an eager wait to find out how we had fared overall.

The tournament was held over five games, three played on Saturday and two on Sunday. Many new friends were made, and it was great to see such strong competition played in a friendly atmosphere. Bundoora had four emergencies at both venues and they were used to full advantage with everyone getting at least three games.

Bundoora won five games at Rich River with ten points and 117 shots up. Unfortunately we went down to a very strong performance from Moama with ten points and a whopping 208 shots up. Bundoora had come in second place and they are to be congratulated for their performance. Our team at Moama was very competitive and we look forward to representing Watsonia RSL again next year.

Well Done!!!

Glenn Harvey



Email any sporting body results or news to [jmawkes@watsoniarsl.com.au](mailto:jmawkes@watsoniarsl.com.au)



# Health & Fitness

## KEEPING YOUR MIND ACTIVE

**Sudoku;** The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

### PUZZLE ONE

			6	1		5		
1			9		2		4	
5	9					1	8	
		3	4		9			1
	4	9		8		6		
8							9	4
					1		7	5
3					6			
	8				7	9		

### PUZZLE TWO

4	9						3	
		8		5	7	2		
			4			6	8	
					1	8		3
9				3	8			
5	8						9	6
	7	4	6	2				
			1		5	3		
		1				9	6	

\*\*\* ANSWERS ON PAGE SIX \*\*\*

## HEALTHY EATING FOR HEALTHY AGEING

### CURRIED CARROT SOUP

#### Ingredients:

- 1 teaspoon vegetable oil
- 1 onion, sliced
- 2 teaspoons mild curry powder
- 5 cups vegetable or chicken stock
- 5 large carrots, peeled and chopped
- 1 large potato, peeled and chopped



#### Method:

Heat oil in a large pot and cook onion until translucent. Stir through curry powder and cook for 1 minute. Add remaining ingredients and bring to the boil. Cover, reduce heat and simmer for 10 minutes or until vegetables are tender. Remove from heat. Puree in a blender until smooth, adding a little extra water if required. Return to the saucepan and reheat.

**Serving suggestion;** Top with a dollop of low-fat natural yoghurt and sprinkle with chives.

### FAST FISH MEDLEY

#### Ingredients:

- 1 cup rice
- 1 teaspoon olive oil
- 1 small onion, chopped
- 1 clove garlic, crushed
- 425g can chopped tomatoes with herbs
- 1 fresh red chilli, seeded and chopped
- 1/3 cup red or white wine (optional)
- 1 medium red capsicum, seeded and chopped small
- 1 cup frozen peas
- 350g white fish fillets, cut into small pieces
- 1 bunch English spinach, washed, drained and chopped



#### Method:

Cook rice following packet directions. Heat oil in pan and cook onion and garlic until softened. Add tomatoes, chilli and wine and simmer for 5 minutes. Stir in cooked rice, capsicum, peas and fish, cover and cook for 5 minutes or until fish and capsicum are cooked. Stir through spinach until wilted and mixed well with all ingredients.



# Veterans



## Lieutenant John Patrick Hamilton

**Birth Date:** January 1896  
**Birth Place:** Australia: Orange, NSW  
**Death Date:** February 1961  
**Final Rank:** Lieutenant  
**Service Number:** 943 – First World War, 1914 – 1918  
N73242 – Second World War, 1939 – 1945  
NX150350 – Second World War, 1939 – 1945  
**Units:** 30 Employment Company  
1<sup>st</sup> Australian Infantry Battalion  
3<sup>rd</sup> Infantry Battalion



Born in Orange, New South Wales, in January 1896, John Hamilton was working as a butcher near Lithgow when he enlisted in the AIF in September 1914. He was posted to the 3rd Battalion and after training in Egypt, took part in the landing on Gallipoli on 25 April 1915.

On 9 August, during the battle of Lone Pine, the Turks launched a violent assault with intense rifle and machine-gun fire. Hamilton, together with several other men, was ordered out of the trenches onto the parapet, in order to halt the enemy advance. For six hours he lay in the open, protected only by a few sandbags, telling those in the trenches where to throw their bombs, while keeping up constant sniper fire.

For his coolness and daring example Hamilton received the Victoria Cross, the only one awarded to his unit during the war. Hamilton later served in France, and he was eventually commissioned as a second lieutenant after the Armistice. During the Second World War he again served in the army, attaining the rank of captain. Hamilton died in Sydney in February 1961.

Citation (abridged):

During a heavy bomb attack by the enemy on the newly-captured position at Lone Pine, Private Hamilton, with utter disregard of personal safety, exposed himself under heavy fire on the parapet in order to secure a better firing position against the enemy's bomb-throwers. His coolness and daring example had an immediate effect. The defence was encouraged and the enemy driven off with heavy loss.

### PUZZLE ONE

7	3	4	6	1	8	5	2	9
1	6	8	9	5	2	7	4	3
5	9	2	3	7	4	1	8	6
6	7	3	4	2	9	8	5	1
2	4	9	1	8	5	6	3	7
8	1	5	7	6	3	2	9	4
9	2	6	8	4	1	3	7	5
3	5	7	2	9	6	4	1	8
4	8	1	5	3	7	9	6	2

### PUZZLE TWO

4	9	2	8	1	6	7	3	5
1	6	8	3	5	7	2	4	9
7	3	5	4	9	2	6	8	1
2	4	7	9	6	1	8	5	3
9	1	6	5	3	8	4	2	7
5	8	3	2	7	4	1	9	6
3	7	4	6	2	9	5	1	8
6	2	9	1	8	5	3	7	4
8	5	1	7	4	3	9	6	2

**SUDOKU**  
**ANSWERS**

# ANZAC POEM

Pride in their eyes,  
They stood at attention,  
Of what was to come?  
They had no comprehension.

As they waved a final proud goodbye,  
And the sturdy boats took them out to sea,  
They did not know their awful fate,  
And their minds were full of strong esprit.

They went to train in Egypt,  
Learning how to kill and die,  
And how to be strategic,  
And how to just get by.

They sailed to Gallipoli,  
Eager to join and fight,  
But the Turkish force was ready,  
And gave them an awful fright.

The hail of bullets trained down hard,  
From the Turkish forces way up high,  
And giant bombs came down as well,  
Like the gods were mad up in the sky.

They watched their friends and comrades fall,  
But their final calls were drowned out,  
By the endless barrage that wouldn't stop,  
As more fell with their final shout.

Finally, the firm command came,  
Retreat! Relief was everywhere,  
It made them want to jump about,  
And was away the black despair.

To take them from that dreadful place,  
The boats arrived in the dead of night,  
And as they sailed away from the land,  
They remembered their fallen comrades' might.

They stood to attention,  
Feeling weary and sore,  
Hoping this was the end,  
And thinking "no more".

Their numbers were lessened,  
And so was their spirit,  
They knew what war truly was,  
And that we should fear it.

*Written by 12 year old Tristan Western*

## Unique Denture Clinic



- ❖ FULL DENTURES
- ❖ PARTIAL DENTURES
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**PH: (03) 9432 1201**

**299 Grimshaw Street, Watsonia, VIC 3087**

## Join our **WILDFLOWER DAY CLUB**

**@ Watsonia RSL today**

**EVERY WEDNESDAY  
10.00am – 2.00pm**

Activities include:

Tai Chi, Gentle Exercise, Quizzes, Games,  
Cards, Day Trips, Special Days, Guest  
Speakers, Monthly Trade Table and  
Complimentary Morning Tea

**CONTACT  
MARGARET JORGENSEN  
Ph: 9434 4931**

## VALE

Peter Alan Staples

Brian Saunders

Maurice (Mick) Moore

Fredrick (Fred) Cleary

Joan Cabban





# Entertainment

## Morning Melodies

Tuesday July 5 <sup>th</sup> <b>Sam Milan</b> Xmas in July	Tuesday October 4 <sup>th</sup> <b>Frankie Stevens</b>
Tuesday July 19 <sup>th</sup> <b>Gary Johns</b> Tribute to Michael Buble & Xmas Crooners Show	Tuesday October 18 <sup>th</sup> <b>Chris Doherty</b> Tribute to the Anzacs
Tuesday August 9 <sup>th</sup> <b>Neil Diamond &amp; Friends</b> <b>Tony Diamond</b>	Tuesday November 8 <sup>th</sup> <b>Sandy Dodd</b> Dolly Parton Show
Tuesday August 23 <sup>rd</sup> <b>Bobby James</b> Golden Memories	Tuesday November 22 <sup>nd</sup> <b>Hit Parade</b>
Tuesday September 6 <sup>th</sup> <b>Col Perkins</b>	Tuesday December 13 <sup>th</sup> <b>Brian Muldoon</b> Christmas Theme
Tuesday September 20 <sup>th</sup> <b>Sue Carroll</b> Saxy Sixties	Tuesday December 20 <sup>th</sup> <b>Horizon</b> Christmas Theme

**Morning Melodies 2016**  
Entry \$13.50 per person  
10:30am - 12:30pm  
Includes morning tea, 2 course lunch and entertainment.  
Bookings essential.

\*Conditions apply

## Watsonia RSL

**LIVE MUSIC**  
**SATURDAYS FROM 8:30PM**



May 21 <sup>st</sup>	BLUSH
May 28 <sup>th</sup>	THE SOCIABLES
June 4 <sup>th</sup>	WHO SAID WHAT
June 11 <sup>th</sup>	ELECTRIC INTENT
June 18 <sup>th</sup>	JOHNNY STINGRAY & the WANDERERS
June 25 <sup>th</sup>	KOPY KATS
July 2 <sup>nd</sup>	BLUSH
July 9 <sup>th</sup>	THE SOCIABLES
July 16 <sup>th</sup>	SCRUMP
July 23 <sup>rd</sup>	WHO SAID WHAT
July 30 <sup>th</sup>	THE KINGPINS

**Watsonia RSL 6 Morwell Ave Watsonia | 9435 4233**  
**www.watsoniarsl.com.au No Cover Charge\* 18+**

Find us on facebook.

# Bistro Specials

SPECIALS	MONDAY STEAK NIGHT	SPECIALS	THURSDAY BURGER NIGHT	SPECIALS	FRIDAY RIBS
	<b>STEAK:</b> 300G SCOTCH FILLET \$20.00 300G PORTERHOUSE \$20.00 400G RIB EYE \$30.00  <b>BIG STEAK \$5.00 EXTRA</b> DOUBLE BACON, DOUBLE EGG, MELTED CHEESE, ONION RINGS  <u>ALL STEAKS SERVED</u> <u>WITH YOU'RE CHOICE OF:</u>  <b>SAUCE:</b> MUSHROOM SAUCE PEPPER SAUCE GRAVY GARLIC BUTTER  <b>SIDE:</b> CHIPS & SALAD CHIPS & ROASTED VEGETABLES OVEN BAKED POTATO & SLAW		<b>BEEF \$15.00</b> <b>CHICKEN \$15.00</b> <b>FISH \$15.00</b> <b>VEGETARIAN \$15.00</b> <b>PORK SLIDERS (2) \$11.00</b>  <b>DOUBLE PATTY \$5.00 EXTRA</b> <b>(BURGERS ONLY)</b>  ALL BURGERS SERVED WITH: TOMATO, LETTUCE, CHEESE & AIOLI ON A BRIOSH BUN  WITH YOU'RE CHOICE OF: CHIPS, WEDGES, ONION RINGS OR SLAW  ADDITIONAL \$0.50 EGG BACON AVOCADO BEETROOT PINEAPPLE ONION JAM JALAPENOS  ADDITIONAL \$2.00 GLUTEN FREE BUN		<b>BBQ BEEF \$25.00</b> <b>LEMON &amp; HERB LAMB \$23.00</b> <b>PORK BELLY SPARE RIBS \$20.00</b> <b>BABY BACK PORK \$24.00</b>  <b>CHICKEN WINGS \$9.00</b> <b>CHICKEN SATAY \$9.00</b>  ALL RIBS SERVED WITH WEDGES & SLAW