

EDITOR: Jeff Mawkes

DATE: March 2014

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AGM; A reminder that the Annual General Meeting will take place in the Upstairs function room on Sunday 30th March 2014. Entry to the meeting is from 10am, for an 11am meeting. Doors will close at 11am and there will be strictly 'no entry' after this time.

ELECTIONS; The Committee positions for the 2014 elections are Vice President, Treasurer and two Ordinary Committee Positions. Those persons opting to apply, who are new or have applied before but been unsuccessful must see the President, who will arrange for them to read the Corporate Governance Manual and the Committee information manual. Members applying must understand their responsibilities before the application will be accepted. Reading of these documents may change the mind of the applicant. Once on the committee, the applicant has the same responsibilities as a Director of a company. This applies to all Committee members, not just the Executive. Be aware of this when applying.

VOTING; Voting for the Committee Positions will take place in the Members Lounge on Friday 28th March from 12pm-6pm and again on Saturday 29th March from 10.30am-3pm.

ANNUAL GENERAL MEETING Sunday 30th March 2014

**WATSONIA RSL
COURTESY BUS
NOW IN SERVICE
7 DAYS A WEEK**



HOURS OF OPERATION
Monday 11am - 9pm
Tues/Wed/Thurs 11am - 10pm
Fri/Sat 11am - 12 midnight
Sunday 12pm - 8pm

**TEL:
9435
4233**

BUNDOORA RSL BOWLING CENTRE IN CONJUNCTION WITH THE WATSONIA RSL BRINGS YOU... **SPORTSMANS NIGHT**

PANEL INCLUDES



ANDREW STARTIN MARTIN PIKE DOUG HAWKINS MICHAEL ROBERTS

Loads of Prizes to be WON • Raffle • Memorabilia Auction

\$100 A TICKET (TABLES OF 10)

TICKET INCLUDES 3 COURSE MEAL, BEER & WINE FROM 7PM - 12AM

TICKETS AVAILABLE AT THE BUNDOORA RSL BOWLING CENTRE - 9467 5747

Held "Upstairs" at the Watsonia RSL

Great Entertaining Night

**SAT 15TH
MARCH 7PM START
BOOKINGS ESSENTIAL**

COME ON A MAGICAL MYSTERY TOUR

WITH

RUBBER SOUL

THE
BEATLES
SHOW



Friday 28th March 2014

Dinner & Show

\$60 mem. / \$65 non-mem.

Show Only \$30



ANZAC DAY 2014

- **Breakfast in the Anzac Bistro** •

7.00am – 9.30am

- **Commemoration Service** •

10.00am at the front of Watsonia RSL

(Marchers to assemble at the corner of Watsonia Rd. & Black St. by 9.30am)

- **President's Luncheon Upstairs** •

Tickets must be pre-purchased from March 17, 2014

- **Lunch in the Anzac Bistro** •

12.00pm – 2.00pm *(Limited Menu)*

- **Spit Roast Rolls in the Members Bar** •

From 12.00pm

- **Dinner in the Anzac Bistro** •

6.00pm – 8.30pm *(Limited Menu)*



ANZAC DAY 2014

COMPLIMENTARY DRINK VOUCHERS

On presentation of your financial Watsonia RSL Membership Card, you are entitled to collect two complimentary drink vouchers. These vouchers are available for collection at Watsonia RSL's Reception desk strictly between Monday 7th April 2014 and Monday 21st April 2014.

They are to be used for tap beers, house wines and soft drinks only on this exclusive day between 10.30am and 2.00pm. **Conditions apply*

WRISTBAND ALLOCATION

Also throughout this designated period, wristbands will be available for collection.

Any Member intending on visiting our Anzac Day celebrations in the Member's Lounge (with their guests) will be required to wear a wristband. Each Member will be issued a maximum of one (1) for themselves, and two (2) for their guests. If these wristbands are lost or misplaced they will not be replaced under any circumstances.

Any person not wearing an appropriate wristband will not be admitted to the Watsonia RSL Member's Lounge on Anzac Day. **Conditions apply; Service Personnel will be allowed extra wristbands for immediate families.*

PRESIDENT'S LUNCHEON

FRIDAY 25TH APRIL 2014 : UPSTAIRS AT WATSONIA RSL



ANZAC DAY

11:30am - 2:30pm
Prawn Buffet Lunch • Beer, Wine & Soft Drink • Dessert Buffet

2:30pm - 5:30pm
Football on the BIG Screen • Party Pies at Half Time
Drinks at Members Prices

*Limited seats available *Tickets on sale at reception

\$60
per person

Entry Requirements For the Members Lounge

- 1 member = 2 guests
- No thongs
- Collared shirts required
- Photo ID required
- Appropriate wristbands to be worn at all times
- No football jumpers or scarves permitted

LIVE

on the big screens

ESSENDON VS COLLINGWOOD

from 2.00pm

WANTED

Volunteers to sell
Anzac Badges
in the two weeks prior
to Anzac Day...

Please see Jeff Mawkes
or Mick Dimech!



Hymn 365...

A minister was completing a temperance sermon. With great emphasis he said, 'If I had all the beer in the world, I'd take it and pour it into the river.'

With even greater emphasis he said, 'And if I had all the wine in the world, I'd take it and pour it into the river.'

And then finally, shaking his fist in the air, he said, 'And if I had all the whiskey in the world, I'd take it and pour it into the river.'

Sermon complete, he sat down... The song leader stood very cautiously and announced with a smile (nearly laughing) For our closing song, let us sing Hymn 365, 'Shall We Gather at the River.'

Cowboy at heaven's gate...

A cowboy appeared before St. Peter at the Pearly Gates. 'Have you ever done anything of particular merit?' St. Peter asked.

'Well, I can think of one thing,' the cowboy offered. 'On a trip to the Black Hills out in South Dakota, I came upon a gang of bikers who were threatening a young woman. I directed them to leave her alone, but they wouldn't listen. So, I approached the largest and most tattooed biker and smacked him in the face, kicked his bike over, ripped out his nose ring, and threw it on the ground.' I yelled, 'Now, back off or I'll kick the s#!t out of all of you!'

St. Peter was impressed, 'When did this happen?'

'Couple of minutes ago.'

Before you're too damned old...

Another year has passed, and we're all a little older. Last summer felt hotter, and winter seems much colder.

There was a time not long ago, when life was quite a blast. Now I fully understand, about 'Living in the Past'

We used to go to weddings, football games and lunches. Now we go to funeral homes, and after-funeral brunches.

We used to have hangovers, from parties that were gay. Now we suffer body aches, and while the night away.

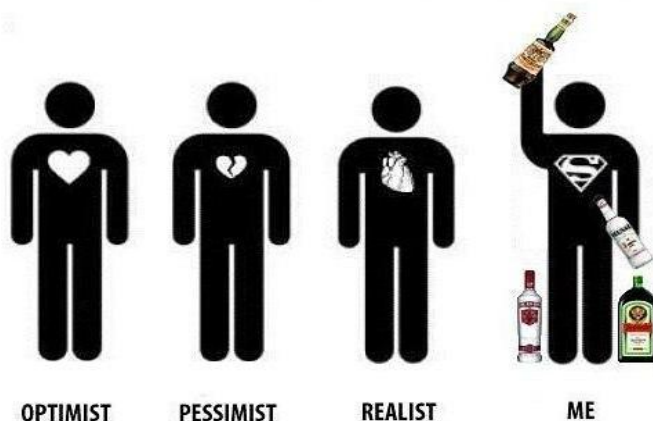
We used to go out dining, and couldn't get our fill. Now we ask for doggie bags, come home and take a pill.

We used to often travel, to places near and far. Now we get sore asses, from riding in the car.

We used to go to nightclubs, and drink a little booze. Now we stay home at night, and watch the evening news.

That, my friend is how life is, and now my tale is told. So, enjoy each day and live it up...

Before you're too damned old!



'Hi, how are you?' I'm not the type to start a conversation in the toilet and I don't know what got into me, I answered somewhat embarrassed, 'Doing just fine!'

And the other person says; 'So what are you up to?' What kind of question is that? At that point, I'm thinking this is too bizarre so I say; 'Uhhh I'm like you, just travelling!'

At this point I am just trying to get out as fast as I can when I hear another question. 'Can I come over?' Ok, this question is just too weird for me but I figured I could just be polite and end the conversation. So I say 'No, I'm a little busy right now'

Then I hear the person say nervously...

'Listen, I'll have to call you back. There's an idiot in the other cubicle who keeps answering all my questions.'

WE HAD A MAJOR WINNER!!!

It pays to swipe your Membership card every time you enter the club!

Simply swipe your card not only in the kiosk at reception, but at the bar with any purchase to enter into all competitions and prize giveaways, receive discounts etc. If you're an existing RSL Member, you're already apart of the program, if you're not, why not join today and ensure that you get rewarded too!!!

\$10,000.00
CHRISTMAS CASH



MARCH

**Peppers
Resort
Weekend
Getaway**

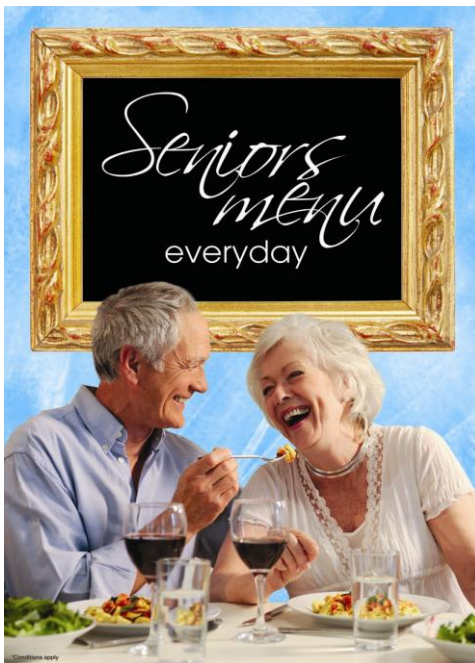
**Conditions Apply*
TO BE WON!!!

APRIL

**A
\$22,000.00
Car**

**Conditions Apply*
TO BE WON!!!

In the Bistro...



Health & Fitness

KEEPING YOUR MIND ACTIVE

What's a numberblock you ask? A number block is group of numbers formed in a block. The numbers in each row add up to the totals to the right. The numbers in each column add up to the totals along the bottom. The diagonal lines also add up the totals to the right. Some of the numbers are missing. You fill in the missing numbers. The missing numbers are integers (no negative numbers or fractions) between 0 and 12. (Answers on page 8)

NUMBER BLOCK 1

30

1			10	6	2	36
	8	6	5			32
1		12	7		1	41
11	3	5	5		1	27
8		6		11	1	39
7	2	0	6	7	11	33
39	40	37	38	37	17	48

NUMBER BLOCK 2

50

3	5	1	8		3	1	27
9	7		3	6	5	0	30
1	5	3	2	6		6	28
	4	1	11	2	0	10	31
8	0	9	2	1	2		23
3	8				9	11	56
		12	4	6	5	4	49
37	37	36	37	35	29	33	38

NUMBER BLOCK 3

35

8	6		1		4	1	3	34
	8	2	5	1		0	2	29
4	11		1	11	11	2	0	46
9	4			9	9	5	1	53
8		12	1		5	8	4	50
8	7	8	9	7	3	8	12	62
3	1	6	4	11		8	7	44
2	3	7	4	2	9	0	1	28
51	44	54	32	56	47	32	30	49

HEALTHY EATING FOR HEALTHY AGEING

CARROT & ZUCCHINI FRITTERS

Ingredients:

1 medium carrot
1 medium zucchini
4 spring onions
1/3 cup reduced fat ricotta
1 egg
1/2 cup wholemeal flour
1/4 tsp cayenne pepper
olive or canola oil spray
salt reduced barbecue sauce



Method:

1. Wash vegetables
2. Grate carrot and zucchini and chop spring onions
3. Mix vegetables, ricotta cheese, egg, flour and pepper
4. Lightly spray with oil spray. Heat to 150°C
5. Place large spoonful's in frypan, flatten and cook for 7 minutes or until golden
6. Turn to other side and cook a further 7 minutes or until golden
7. Serve with barbecue sauce

PORK KEBABS

Ingredients:

2 tbsp salt-reduced soy sauce
2 tbsp grated fresh ginger
1 tsp sweet chilli sauce
1/2 tsp canola or olive oil
450g lean pork fillets, cut into 2cm cubes
1 red capsicum, cut in half, no seeds
1 green capsicum, cut in half, no seeds
8 bamboo skewers, soaked in water for 30 minutes



Method:

1. Mix the soy sauce, ginger, chilli sauce and oil together. Add the pork, cover and marinate for at least 1 hour in the refrigerator
2. Cut the capsicums into triangles and thread them onto the skewers alternately with the pork
3. Cook on a hot barbecue or under a hot grill, basting once with any remaining sauce (Take care not to overcook - pork cooks very quickly and needs to be juicy inside to taste best.)



Veterans



Personal details of Corporal Cameron Stewart Baird, VC, MG

Corporal Baird was a member of the Special Operations Task Group and was from the 2nd Commando Regiment based at Holsworthy Barracks in Sydney, New South Wales.

Corporal Baird is survived by his parents and his brother.

Corporal Baird was born in Burnie, Tasmania in 1981. He joined the Army in January 2000 and upon completion of his initial employment training was posted to the then 4th Battalion (Commando), The Royal Australian Regiment, now the 2nd Commando Regiment, in February 2000.

Corporal Baird was an outstanding Special Forces soldier. He exemplified what it meant to be a Commando, living by the attributes of uncompromising spirit and honour, which in turn earned him the unconditional respect of his fellow Commandos. His leadership in action was exemplary, constantly inspiring those around him to achieve greater things. Corporal Baird was an extremely dedicated and disciplined soldier, always striving for excellence in everything he did.



Corporal Baird died how he lived – at the front, giving it his all, without any indecision. He will forever be remembered by his mates and the soldiers he served with in the 2nd Commando Regiment.

Corporal Baird has been awarded the following honours and awards;

- Victoria Cross for Australia
- Medal for Gallantry
- Australian Active Service Medal with Clasp East Timor, Clasp Iraq 2003, Clasp International Coalition Against Terrorism
- Afghanistan Campaign Medal
- Iraq Campaign Medal
- Australian Service Medal with Clasp – Counter Terrorism / Special Recovery
- Australian Defence Medal
- United Nations Medal with Ribbon United Nations Transitional Authority in East Timor
- NATO non article 5 Medal with Clasp ISAF and Multiple Tour Indicator (3)
- Infantry Combat Badge
- Returned from Active Service Badge

During Corporal Baird's service in the Australian Army he deployed on the following operations;

- Operation TANAGER (Timor-Leste) – April 2001 – October 2001
- Operation SLIPPER (Afghanistan) – February 2003 – March 2003
- Operation BASTILLE (Iraq) – March 2003 – May 2003
- Operation SLIPPER (Afghanistan) – August 2007 – January 2008
- Operation SLIPPER (Afghanistan) – March 2009 – July 2009
- Operation SLIPPER (Afghanistan) – July 2011 – February 2012
- Operation SLIPPER (Afghanistan) – February 2013 – June 2013

The 100th recipient of the medal, the highest award presented for bravery during wartime.

It is the fourth time the VC has been awarded since Australian forces entered Afghanistan.

Ladies AUXiliary donates \$4100!

On behalf of the Watsonia RSL Members and Visitors, our President Jeff Mawkes would like to say a BIG thank-you to the Watsonia RSL Ladies Auxiliary for their generous donation of \$4100.00 towards the set-up of FREE Wi-Fi in our Sub-branch.

Another great service we will soon have to offer!

Sadness in My Heart; by Aurora

I smelt foul air. I saw missing limbs. I heard animals shrieking. I was surrounded by blood, water, mud, I was scared and sad. I heard yelling. I smelt smoke. Then a packet of biscuits landed right in front of me. I reached down. Suddenly a bullet zipped past my friend and killed him. As I march I remember the young and my friend.

Aurora Newman (Wilma Tisell's Great-granddaughter)

Aged 7, Grade 2 at Kingswood College Box Hill



Fitness Classes

Every Thursday morning we have \$5.00 FITNESS CLASSES for everyone (DVA Card Holders are FREE of charge)! Come along and join in the fun...

Due to popularity, we now run two sessions 10am-10.45am and 10.45am-11.30am.

NUMBER BLOCK ANSWERS

						30
1	9	8	10	6	2	36
11	8	6	5	1	1	32
1	10	12	7	10	1	41
11	3	5	5	2	1	27
8	8	6	5	11	1	39
7	2	0	6	7	11	33
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8	7	8	9	7	3	8	12	62
3	1	6	4	11	4	8	7	44
2	3	7	4	2	9	0	1	28
51	44	54	32	56	47	32	30	49

'Mega'
Morning Melodies

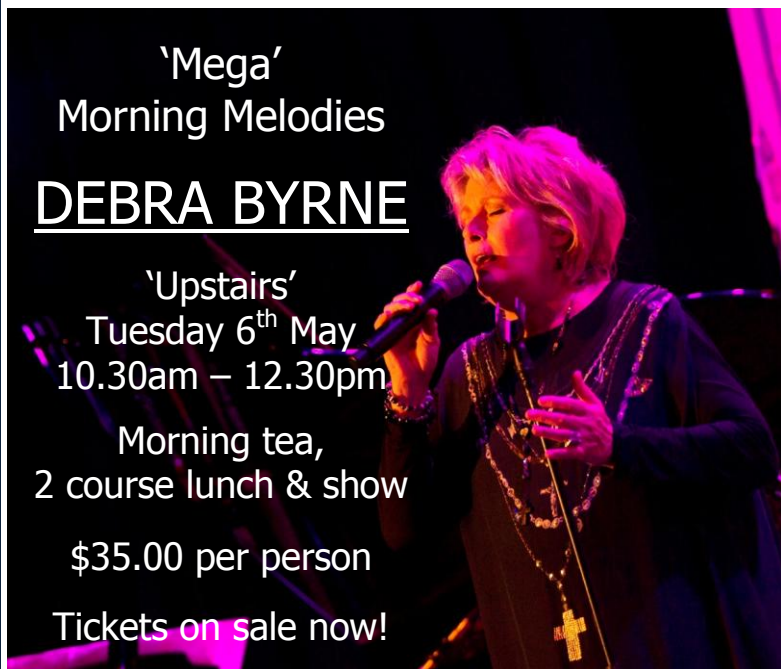
DEBRA BYRNE

'Upstairs'
Tuesday 6th May
10.30am – 12.30pm

Morning tea,
2 course lunch & show

\$35.00 per person

Tickets on sale now!



VALE

Monda Christie

Richard York

John Kiernan

Emanuella Panuzzo

Alan Jones

