

EDITOR: Jeff Mawkes

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## Letter from the editor

**VOLUNTEERS;** The recent Poppy Appeal has seen a fall in revenue by about half. This may be due to the economic times, but it is also due to the fact that we have lost a considerable amount of volunteers over the past couple of years.

Members may have stopped volunteering for any number of reasons but I would ask those previous members to come back to the fold and members who have not volunteered before to consider doing so in 2013. As of this year Watsonia RSL will be able to keep 50% of monies raised through appeals. This money goes into our Welfare and Charitable Account and is used for the welfare of Veterans. We are able to buy such things as walkers, home aids or hire ride on scooters for veterans in need. Therefore the more we raise, the more we will be able to support our Veteran community.

You can volunteer for as little as a couple of hours which is not a lot out of your day. The more volunteers we have the lesser the workload for those who have been volunteering for a long time.

## ANNUAL GENERAL MEETING

### Sunday 24th March 2013

**AGM;** A reminder that the Annual General Meeting will take place in the Upstairs function room on Sunday 24<sup>th</sup> March 2013. Entry to the meeting is from 10am for a 11am meeting. Doors will close at 11am and there will be strictly 'no entry' after this time. Voting for the Committee Positions will take place in the Members Lounge on the Friday and Saturday of the same week, please see the notice board for further times and details.

**ELECTIONS;** The Committee positions for the 2013 elections are President, Secretary and two Ordinary Committee Positions. Those persons opting to apply, who are new or have applied before but been unsuccessful must see the President, who will arrange for them to read the Corporate Governance Manual and the Committee information manual. Members applying must understand their responsibilities before the application will be accepted. Reading of these documents may change the mind of the applicant. Once on the committee, the applicant has the same responsibilities as a Director of a company. This applies to all committee members, not just the executive. Be aware of this when applying.



**RSL REWARDS PROGRAM;** As most of you are aware, the new 'RSL Rewards Program' went live on January 7. Every member should now be issued with their gold RSL Membership card which can be used in all participating RSL's throughout Victoria to earn and redeem points. Simply swipe your card in the kiosk at reception on arrival, or at the bar with any purchase to enter into competitions and prize giveaways, receive discounts etc. If you're an existing RSL Member, you're already apart of the program, if you're not, why not join today and ensure that you get rewarded too!!!



Over 5000 years ago Moses said to the children of Israel, "Pick up your shovels, mount your asses and camels, and I will lead you to the Promised Land."

In the 70's Whitlam said to the people of Australia, "Put down your shovels, sit on your asses, and light up a camel, this is the Promised Land."

Today Gillard has, stolen your shovel, taxed your asses, put camels in plain packaging and mortgaged the Promised Land.

I was so depressed last night about Health Care plans, the carbon tax, the economy, the wars, lost jobs, savings, social security and retirement funds so I called the suicide hotline.

I had to press 1 for English and I was connected to a call centre in Pakistan. I told them I was feeling suicidal. They got all excited and asked if I could drive a truck.

What do you call the first Afghan off the boat? Amhere

What do you call the second Afghan off the boat? Amhere Azwel

What do you call the third Afghan off the boat? Amhere Azwel Azhim

Today's Bible Reading from the book of Genesis...

"and God promised men that good and obedient wives would be found in all corners of the earth."

Then he made the earth round... And laughed and laughed and laughed!

An Irish Tradition; Paddy had long heard the stories of an amazing family tradition.

It seems that his father, grandfather and great-grandfather had all been able to walk on water on their 18th birthday. On that special day, they'd each walked across the lake to the pub on the far side for their first legal drink.

So, when Paddy's 18th birthday came 'round, he and his pal Mick took a boat out to the middle of the lake. Paddy stepped out of the boat and nearly drowned. Mick just barely managed to pull him to safety. Furious and confused, Paddy went to see his grandmother.

"Grandma, 'tis me 18th birthday, so why can't I walk 'cross the lake like me father, his father, and his father before him?"

Granny looked deeply into Paddy's troubled brown eyes and said, "Because ye father, ye grandfather and ye great-grandfather were all born in December, when the lake is frozen, and ye were born in August, ya idiot!"

A young man named John received a parrot as a gift. The parrot had a bad attitude and an even worse vocabulary. Every word out of the bird's mouth was rude, obnoxious and laced with profanity. John tried and tried to change the bird's attitude by consistently saying only polite words, playing soft music and anything else he could think of to 'clean up' the bird's vocabulary.

Finally, John was fed up and he yelled at the parrot. The parrot yelled back. John shook the parrot and the parrot got angrier and even ruder. John, in desperation, threw up his hands, grabbed the bird and put him in the freezer. For a few minutes the parrot squawked and kicked and screamed. Then suddenly there was total quiet. Not a peep was heard for over a minute.

Fearing that he'd hurt the parrot, John quickly open the door to the freezer. The parrot calmly stepped out onto John's outstretched arms and said "I believe I may have offended you with my rude language and actions. I'm sincerely remorseful for my inappropriate transgressions and I fully intend to do everything I can to correct my rude and unforgivable behavior."

John was stunned at the change in the bird's attitude. As he was about to ask the parrot what had made such a dramatic change in his behavior, the bird spoke-up, very softly, "May I ask what the turkey did?"



# ANZAC DAY 2013

## COMPLIMENTARY DRINK VOUCHERS

On presentation of your financial Watsonia RSL Membership Card, you are entitled to collect two complimentary drink vouchers. These vouchers are available for collection at Watsonia RSL's Reception desk strictly between Monday 1st April 2013 and Friday 19th April 2013. They are to be used for tap beers, house wines and soft drinks only on this exclusive day between 10.30am and 2.00pm. *\*Conditions apply*

## WRISTBAND ALLOCATION

Also throughout this designated period, wristbands will be available for collection. Any Member intending on visiting our Anzac Day celebrations in the Member's Lounge (with their guests) will be required to wear a wristband. Each Member will be issued a maximum of one (1) for themselves, and two (2) for their guests. If these wristbands are lost or misplaced they will not be replaced under any circumstances.

Any person not wearing an appropriate wristband will not be admitted to the Watsonia RSL Member's Lounge on Anzac Day. *\*Conditions apply*

**FOR FURTHER ANZAC DAY INFORMATION, PLEASE SEE THE 'INHOUSE' EXCLUSIVE ANZAC EDITION OF SNIPPETS, DUE TO BE RELEASED APRIL 1.**



## ANZAC DAY PRESIDENTS LUNCH

Back again in 2013, the popular Presidents Luncheon will once again be held Upstairs. More information to follow in the next edition...

## TICKETS ON SALE MARCH 14

## WANTED

Volunteers to sell  
Anzac Badges  
in the two weeks prior to  
Anzac Day

Please see Ray Skals!

# Health & Fitness

## KEEPING YOUR MIND ACTIVE

**Commonyms;** A commonym is a group of words that have a common trait in the three words/items listed. For example, the words; A car – A tree – An Elephant; they all have trunks. These will make you think!

This puzzle has been sourced from an American website, so keep in mind that some of the word usage will be different.

### Commonym 1

1. Loan - Pool - Great White
2. Clog - Pump - Flat
3. Rain - Fur - Trench
4. Silver - Tin - Nickel
5. Coffee - Oil - Air
6. Tulip - Lamp - Onion
7. Saturn - Dirty Shirt Collars - Newlyweds
8. Date - Cook - Phone
9. Spock - Suess - Phil
10. Fire - Soda - Safe

### Commonym 2

1. The Navy - A Deli - An Absent Teacher
2. A Person - A Watch - A Mountain
3. A Bowling Alley - A Roof - A Street
4. High - Uneven - Parallel
5. Goose - Theresa - Hubbard
6. Mare - Mustang - Bronco
7. Killer Whales - Referees - Old TVs
8. Music - Mail - Safe deposit
9. Rail - Chain - Picket
10. Palm - Easter - Hot Fudge

## ANSWERS ON PAGE 7 OF THIS ISSUE

### *Sporting Bodies*

#### **GOLDEN OLDIES JANUARY RESULTS**

- 10th Tom Morris 40 points  
17th Koene Littler net 68  
24th Wayne Monohan 42 points  
31st John Ward net 66



**Absolutely 80s**  
PRESENTS  
**BRIAN MANNIX**  
**UNCANNY XMEN**  
**SCOTT CARNE**  
**KIDS IN THE KITCHEN**  
**DALE RYDER**  
**BOOM CRASH OPERA**

**SATURDAY  
2ND MARCH 2013**

Dinner & Show \$60 Members \$65 Non Members  
Show Only \$35  
BOOKINGS ESSENTIAL • Contact Reception 9435 4233

Playing all their hits with the Absolutely 80s Band!  
Find Absolutely 80s on Facebook, YouTube & MySpace [www.watsoniansl.com.au](http://www.watsoniansl.com.au)



# Health & Fitness

## HEALTHY EATING FOR HEALTHY AGEING

**VEAL ROLLS;** Serves 2 / Preparation time 15mins / Cooking time 30mins

### Ingredients

- 2 slices veal schnitzel (100g each)
- ½ cup frozen spinach, drained
- 2 tablespoons parmesan cheese, grated
- 2 tablespoons reduced fat feta cheese, diced
- 2 tablespoons of walnuts

### Method

- Preheat oven to 200c (180c fan forced)
- Lay veal on a board and top with spinach, walnut and cheese. Roll the veal up and secure with a toothpick
- Place veal on an oven tray lined with baking paper and bake for 20-30 minutes
- Serve with wholegrain bread and 2 cups of steamed vegetables



## Fitness Classes

Every Thursday morning from 10.30am at the Sub-branch, we have **FREE FITNESS CLASSES** (light exercise) available for everyone! Come along and join in the fun...

## COMING SOON



- BUNDOORA RSL BOWLING CENTRE -

ON THE BACK OF OUR INAUGURAL RAFFLE FROM LAST SEASON, THE COMMITTEE ADVISES THE DETAILS & DATES FOR THIS YEARS RAFFLE

FIRST PRIZE - \$7,000 | SECOND PRIZE - \$3,000  
4 SPOT DRAWS OF - \$250

250 TICKETS AVAILABLE | \$100 PER TICKET

SUNDAY 24TH MARCH 2013



PLEASE NOTE THE COMMITTEE RESERVES THE RIGHT TO ADJUST THE PRIZE MONEY ALLOCATION IF ALL 250 TICKETS ARE NOT SOLD.



*The Victoria Cross is a rare award, given when the nation is at war, facing peril or a great test of national commitment. It recognises individuals who, by their extraordinary deeds of bravery, and sometimes at the sacrifice of their own lives, provide leadership and example to all around them and beyond. The entire nation draws pride and inspiration from these brave men.*

## Trooper Mark Donaldson

<b>Born</b>	2 April 1979 Waratah, NSW Australia
<b>Allegiance</b>	Australia
<b>Service/branch</b>	Australian Army
<b>Years of Service</b>	2002 – present
<b>Rank</b>	Corporal
<b>Unit</b>	1 <sup>st</sup> Battalion, Royal Aust. Regiment Special Air Service Regiment
<b>Battles/wars</b>	East Timor Iraq War <ul style="list-style-type: none"><li>Operation Falconer</li><li>War in Afghanistan</li><li>Operation Slipper</li></ul>
<b>Awards</b>	Victoria Cross for Australia

**Mark Gregor Strang Donaldson** VC is a recipient of the Victoria Cross for Australia, awarded for gallantry, the highest award in the Australian honours system. He is the first Australian recipient of a Victoria Cross since Keith Payne in 1969.

Trooper Donaldson was a member of the Special Air Service Regiment when he exposed himself to enemy fire to protect injured troops and then rescued an interpreter under heavy enemy fire in the Battle of Khaz Oruzgan during Operation Slipper.



## Corporal Ben Roberts-Smith

<b>Born</b>	1 November 1978 Perth, WA Australia
<b>Allegiance</b>	Australia
<b>Service/branch</b>	Australian Army
<b>Years of Service</b>	1996 – present
<b>Rank</b>	Corporal
<b>Unit</b>	Special Air Service Regiment 3 <sup>rd</sup> Battalion, Royal Australian Regiment
<b>Battles/wars</b>	International Force for East Timor War in Afghanistan Iraq War
<b>Awards</b>	Victoria Cross for Australia Medal for Gallantry

**Benjamin “Ben” Roberts-Smith** VC is also a recipient of the Victoria Cross for Australia. His Victoria Cross, together with his Medal for Gallantry awarded during a tour of Afghanistan makes him the most highly decorated currently serving member of the ADF and any other Commonwealth Army.

Roberts-Smith was awarded the Victoria Cross for Australia for his actions during a helicopter assault into Tizak on 11 June 2010 as part of an offensive in the Shah Wali Kot region, while serving with the Special Air Service Regiment during the War in Afghanistan.



## Corporal Daniel Alan Keighran

<b>Born</b>	18 June 1983 Nambour, QLD Australia
<b>Allegiance</b>	Australia
<b>Service/branch</b>	Australian Army Reserve
<b>Years of Service</b>	2000 – present
<b>Rank</b>	Corporal
<b>Unit</b>	11/28 RWAR 6RAR (2001-2011)
<b>Battles/wars</b>	East Timor Iraq War War in Afghanistan <ul style="list-style-type: none"><li>Battle of Derapet</li></ul>
<b>Awards</b>	Victoria Cross for Australia

**Daniel Alan Keighran** VC is also an Australian Soldier and a recipient of the Victoria Cross for Australia. Keighran was awarded the Victoria Cross for Australia for his actions in the Battle of Derapet on 24 August 2010 during the War in Afghanistan.

He was presented with his medal by the Governor-General of Australia, Quentin Bryce, in a ceremony in Canberra on 1 November 2012. Keighran is the third soldier to be awarded the Victoria Cross for Australia and the first member of the Royal Australian Regiment to be awarded.







# Veterans



**HOMEFRONT ph: 1800 80 1945**

Veterans should be aware that the Department of Veterans' Affairs has a HOMEFRONT line, 1800 80 1945. Members can ring this number and DVA will arrange for an assessor to attend your home, and you could be provided with equipment to prevent falls in your own home. Things such as non-slip mats, night lights for dark passages and sensor lights for the front of your house could be available to you. These things are free to the value of \$215 per year, so look after yourself as you get older, and take advantage of this DVA initiative.

## A PIECE OF GOOD ADVICE

If you should ever be forced by a robber to withdraw money from an ATM machine, you can notify the police by entering your PIN number in reverse.

For example, if your pin number is 1234, then you would put in 4321. The ATM system recognizes that your PIN number is backwards from the ATM card you placed in the machine. The machine will still give you the money you requested, but unknown to the robber, the police will immediately be dispatched to the location.

All ATMs carry this emergency sequencer by law.

This information was recently broadcast on Crime Stoppers however it is seldom used because people just don't know about it.



## UPDATE YOUR DETAILS

Could all members please take a minute of their time to update us with your current details?

There is update forms located at reception and near the notice board in the Members Lounge.

Any member who updates their details in the month of February will go into the draw to win a wine pack. \*Conditions apply

## ANSWERS

### Commonym 1

1. Sharks
2. Shoes
3. Coats
4. Metals
5. Filters
6. They have bulbs
7. They have rings
8. Books
9. Doctors
10. Crackers

### Commonym 2

1. They have subs
2. They have faces
3. They have gutters
4. Bars in gymnastics
5. Mothers
6. Horses
7. They're black and white
8. Boxes
9. Fences
10. All Sundays/Sundaes

## VALE

*Rex Smith*

*Stan Martin*

*Helena Armstrong*

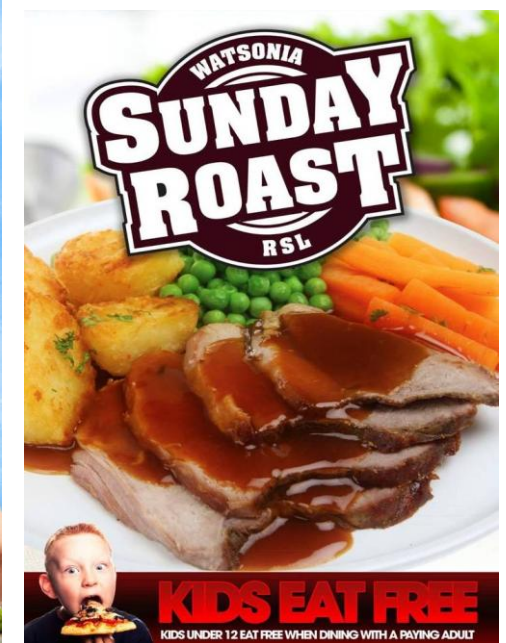
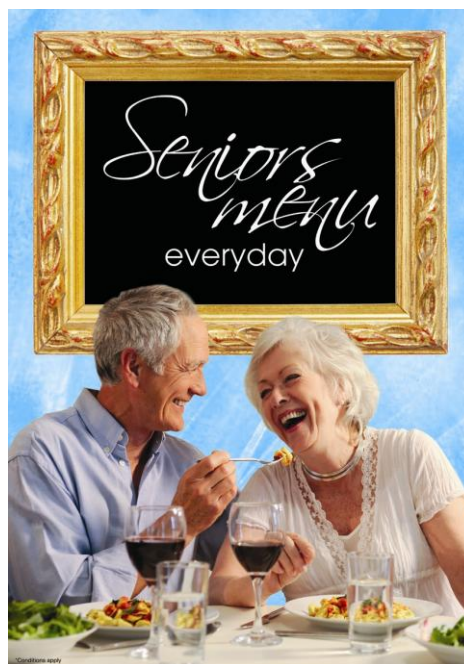
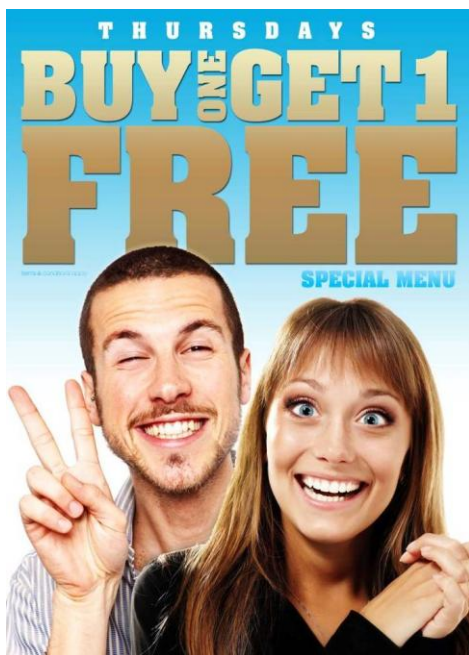
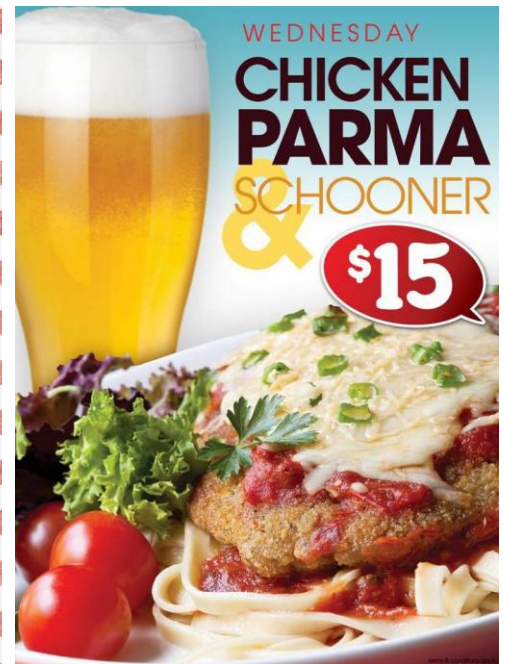
*Jack Lewis*

*Robert Gardiner*

*Frank Collings*



# What's On...



**LIVE BANDS**  
Every Saturday Night from 8.30pm

facebook

Did you know... 'Watsonia RSL' has an up to date Facebook page to keep you informed of what is going on in your club. Send a friend request today and keep up to date with what is happening at your local RSL!